

# MVTFL RECORDS 1 April 2018

OVERALL RECORDS....MEN [Throws with heaviest implement only,older age groups later]

Event	Age	Name	Club	Perf.	Venue	Date
100m =	35	T. Barton	Chamwood	11.2	Mansfield	2008
100m =	40	P. Goulding	RSC	11.2	Sutton	1991
200m	35	J.Tipper	Telford	22.5	Sutton Coldfield	11.8.2010
400m	40	D. Maynard	Birchfield	49.3	Mansfield	2002
800m	40	R. Weatherbum	Droitwich	2.00.6	Birmingham	1993
1500m	40	D. Moorcroft	Coventry G	4.04.2	Coventry	1995
3000m	40	P. Banks	Coventry G	8.45.5	Corby	1990
2k walk	40	M. Williams	Tamworth	8.13.9	Wolverhampton	2006
200m[5 hurdles]	M40	John Bell	R&N Lions	26.46s	Worcester CF	30/08/2015
4x100m	All M40	B Moulton A Orr J Topliss T Brown	RSC	46.6	Sutton	1990
4x200m	M40	B.Moulton R.Orr J.Topliss R.Taylor	RSC	1.37.1	Warley	1989
4x400m	M40	P.Goulding,J.Topliss L.Duffy,j.Caines	RSC	3.36.6	Sutton	1992
1600m medley	M40	L.Duffy, J.Caines P.Goulding,G.Felton	RSC	3.49.0.	Sutton	1993
Discus 2kg	40	K. Brown	RSC	57.87	Wolverhampton	5/7/2007
Hammer 7.26kg	40	J. Pearson	Chamwood	61.44m	Nuneaton	2007
Javelin 800g	40	K. Murch	Rugby Lions	58.27m	Tamworth	2000
Shot 7.26kg	40	M. Fox	Stoke	13.91m	Mansfield	2004
High Jump	35	I. Gidley	Rugby Lions	1.80m	Nuneaton	2006
Long Jump	40	B. Williams	Birchfield	6.92m	Tamworth	1996
Pole Vault	40	P. Goulding	Burton	3.70m	Stoke	1993
Triple Jump	40	B. Williams	Birchfield	13.21m	Burton	1996
<b>Event Records</b>		<i>Overall records</i>	<i>in italics</i>			
100m	35	<i>T.Barton</i>	<i>Chamwood</i>	<i>11.2</i>	Mansfield	2008
	40	<i>P. Goulding</i>	<i>RSC</i>	<i>11.2</i>	Sutton	1992
	50	R. Taylor	RSC	11.7	Sutton	1990
	<b>60</b>	<b>P.Mould</b>	<b>B&amp;R</b>	<b>13.0</b>	<b>Stourport</b>	<b>1.5.2014</b>
	<b>65</b>	<b>C.Monk</b>	<b>Harborough</b>	<b>13.4</b>	<b>Nuneaton</b>	<b>10/5/2017</b>
	70	A. Meddings	Birchfield	13.7	Birmingham	1999
	80=	A.Mellet	Leicester	16.4	Leicester	30/4/2014
	80=	T. Crocker	Droitwich	16.4	Stourport	28.4.16
<b>200m</b>	35	<i>J.Tipper</i>	<i>Telford</i>	<i>22.5</i>	<i>Sutton Coldfield</i>	<i>11.8.2010</i>
	40	D. Maynard	Birchfield	22.8	Burton	2002
	50	J.Caines	RSC	23.7	Burton	2002
	60	L. Oldfield	Worcester	26.4	Mansfield	2004
	<b>65</b>	<b>C.Monk</b>	<b>Harborough</b>	<b>27.7</b>	<b>Rugby</b>	<b>7/6/2017</b>
	70	A. Meddings	Birchfield	27.5	Telford	1998
	80	A.Mellet	Leicester	32.7	Nuneaton	31/7/2014
400m	35	R.Rubenis	Telford	51.7	Telford	5/05/2010
	40	<i>.D Maynard</i>	<i>Birchfield</i>	<i>49.3</i>	<i>Mansfield</i>	2002
	50	J. Caines	RSC	54.4	Sutton	2002
	60	W. Morgan	Birchfield	61.4	Stafford	1997
	60	P. Anthony	Charnwood	61.4	Worcester	4/09/2011
	70	L. Oldfield	Worcester	68.1	Leamington	25/6/14
	80	A.Mellet	Leicester	1:35.1	Rugby	25/6/2014
800m	35	P. Harmer	Charnwood	2:02.3	Nuneaton	1/06/2011
	40	<i>R. Weatherbum</i>	<i>Droitwich</i>	<i>2.00.6</i>	<i>Birmingham</i>	1993
	50	R. Phipps	RSC	2.04.9	Sutton	1999
	60	R. Phipps	RSC	2.21.7	Sutton	2005

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Event	Age	Name	Club	Perf.	Venue	Date
800m	70	M. Fox	Birchfield	2.40.5	Mansfield	2004
	75	B. Swindells	Worcester	2:56.2	Stoke A Final	31.08.2014
	80	G. Oxbury	Rugby	3:52.7	Northampton	05.06.1996
1500m	35	N. Hazelwood	Halesowen	4:06.4	Stourport	2.5.13
	40	<i>D. Moorcroft</i>	<i>Coventry G</i>	4.04.2	<i>Coventry</i>	1995
	50	R. Phipps	RSC	4.16.8	Sutton	1995
	60	T. Norman	Nuneaton	4.59.7	C/F Birchfield	2008
	70	B. Swindells	Worcester	5:49.7	Leamington	25/6/2014
3000m	35	J. Douglass	Chamwood	8.53.5	Nuneaton	2007
	40	<i>P. Banks</i>	<i>Coventry G</i>	8.45.5	<i>Corby</i>	1990
	50	I. Fumess	DASH	9.14.1	Worcester	2008
	60	T. Norman	Nuneaton	10.29.4	Nuneaton	2008
	70	B. Swindells	Worcester	12:50.3	Stourport	28/5/2014
	80	G. Oxbury	Rugby	15:57.8	Rugby	3.8.98
2k.Walk	35					
	40	<i>M. Williams</i>	<i>Tamworth</i>	8.13.9	<i>Wolverhampton</i>	2006
	50	R. .Care	Birchfield	9.03.2	Mansfield	2002
	60	C Turner	Nuneaton	10.16.3	Nuneaton	2004
	70	C. Turner	Nuneaton	10:51.6	Leicester	30/4/14
	80	G Mitchell	Birchfield	15.11.8	Burton	2002
200m[5 hurdles]	M35	A. Cucknell	Leamington	31.9	Nuneaton CF	4/09/16
	M40	<i>John Bell</i>	<i>R&amp;N Lions</i>	26.46s	<i>Worcester CF</i>	30/08/2015
	M45	L.Woodward	R&N Saints	29.94s	Worcester CF	30/08/2015
	M50	RichardWhiteM55	Worcester	28.98s.	Worcester CF	30/08/2015
	M50	Mike Neylon [M50]	B&R	31.30s.	Worcester CF	30/08/2015
	M60	Paul Askew	Charnwood	43.19s.	Worcester CF	30/08/2015
	<b>M70</b>	<b>Dave Cowley</b>	<b>R&amp;N Lions</b>	<b>35.2s</b>	<b>Tamworth CF</b>	<b>10.9.2017</b>
4x100m	M40	<i>B.Moulton R.Orr J.Topliss T.Brown</i>	RSC	46.6	Sutton	1990
	M50	P.Clayton M.McAleenan M.Wise C.Georgiou	Leamington	50.3s	Stoke CF	31.8.2014
<b>4x100m</b>	<b>M60</b>	<b>C.Houghton, F.Blackwell,R.Franklin D.Cowley</b>	<b>R &amp; N. Lions</b>	<b>61.0s</b>	<b>Kettering</b>	<b>19.7.17</b>
4x200m	M40	<i>B.Moulton R.Orr J.Topliss R.Taylor</i>	RSC	1.37.1	Warley	1989
	M50	J.Topliss R.Phipps P.Goulding L.Duffy	RSC	1:45.5	Tamworth	11/09/99
4x400m	M40	P.Goulding,J.Topliss L.Duffy,j.Caimes	RSC	3.36.6	Sutton C.	1992
	M50	J.Cox J.Topliss R.Phipps L.Duffy	RSC	4:04.2	Sutton C.	18/08/99
1600m Medley	M40	L.Duffy, J.Caines P.Goulding,G.Felton	RSC	3.49.0.	Sutton	1993
<b>Discus</b>						
2kg	40	<i>K. Brown</i>	RSC	57.87m	Wolverhampton	5/7/2007
1.5k	50	J. Moreland	R&N Lions	46.85m	Tamworth	1/06/09
1kg	60	B.Hawksworth	Chamwood	42.52	Worcester	4/09/2011
1kg	70	J. GerCs	Rugby	31.78m	Leamington	1994
1kg	80	J. GerCs	Rugby	23.81m	Loughborough	2002
<b>Hammer 7.26kg</b>	35	S. Peacock	Birchfield	54.94m	Solihull	2006
7.26kg	40	<i>J Pearson</i>	<i>Chamwood</i>	61.44m	<i>Nuneaton</i>	2007
6kg	50	J. Conboy	Birchfield	43.18m	Stoke	1997
5kg	60	B.Hawkesworth	Chamwood	47.01	Mansfield	2008
5k	70	J. GerCs	Rugby	18.84	Loughboro'	8.5.96

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Event	Age	Name	Club	Perf.	Venue	Date
<b>Javelin 800g</b>	35	G.Hollingsworth	R&N Lions	56.10	Rugby	9/05/2012
800g	40	<i>K Murch</i>	<i>Rugby</i>	<i>58.27m</i>	<i>Tamworth</i>	<i>2000</i>
700g	50	Kevin Murch	R&N Lions	55.44m	Nuneaton	12/08/09
600g	60	P. Owen	Tamworth	38.78m	Sutton	2005
600g	70	D. Price	R.S.C.	29.59m	Telford	4/5/2011
600g	80	J.Gercs	R&N	19.72m	Rugby	7/8/2002
<b>Shot</b>						
7.26kg	35	M. Fox	Stoke	13.43m	Sutton	2006
7.26kg	40	<i>M. Fox</i>	<i>Stoke</i>	<i>13.91m</i>	<i>Mansfield</i>	<i>2004</i>
6kg	50	R. Steventon	Telford	12.63m	Mansfield	2002
5kg	60=	B.Hawkesworth	Charnwood	11.41m	Rugby	9/05/2012
5kg	60=	G. Ward	Stoke	11.41m	Nuneaton CF	1.9.13
5kg	70	J. Gercs	Rugby	8.67	Loughboro'	8.5.96
5kg	80	J.Gercs	R&N	6.11	Nuneaton	7/5/2003
<b>High Jump</b>	35	<i>I.Gidley</i>	<i>R&amp;N Lions</i>	<i>1.80m</i>	<i>Nuneaton</i>	<i>2006</i>
	40	D.Hanson	Sparkhill	1.75m	Solihull	2006
	<b>50</b>	<b>D.Hanson</b>	<b>Sparkhill</b>	<b>1.65m</b>	<b>Stourport &amp; Tamworth CF</b>	<b>11.5.2017</b> <b>10.9.2017</b>
	60	T.Crocker	Droitwich	1.55m	The Dell	1997
	70	T.Crocker	Droitwich	1.43m	Birmingham	2006
	<b>80</b>	<b>T.Crocker</b>	<b>Droitwich</b>	<b>1.20</b>	<b>Stourport</b>	<b>11.5.2017</b>
<b>Long Jump</b>	35	D.Brown	R.S.C.	6.28	Sutton	2008
	40	<i>B. Williams</i>	<i>Birchfield</i>	<i>6.92m</i>	<i>Tamworth</i>	<i>1996</i>
	50	P.Duckers	Shrewsbury	5.79m	Stoke	1993
	60	P.Duckers	Shrewsbury	5.15m	Cannock	2003
	70	T.Crocker	Droitwich	4.43m	Redditch	2006
<b>Pole Vault</b>	35	G.Showell	Tamworth	3.80m	Rugby	2011
	40	<i>P.Goulding</i>	<i>Burton</i>	<i>3.70m</i>	<i>Stoke</i>	<i>1993</i>
	50	R.Abdy	Northampton	3.15m	Coventry	1998
	60	J.Bradley	Telford	3.10m	Telford	2004
	70	R.Brown	Notts	3.20m	Mansfield	2002
<b>Triple Jump</b>	35	I Gidley	R&N Lions	12.41m	Solihull	2006
	40	<i>B Williams</i>	<i>Birchfield</i>	<i>13.21m</i>	<i>Burton</i>	<i>1996</i>
	50	D Cowley	Rugby	11.45m	Leamington	1998
	60	D. Cowley	R&N Lions	10.17m	Stafford CFinal	2009
	<b>70</b>	<b>D.Cowley</b>	<b>R&amp;N Lions</b>	<b>8.58m</b>	<b>Tamworth CF</b>	<b>10.9.2017</b>
	80	J. Evans	R&N Saints	7.23m	Rugby	17/6/15
<b>Events</b>		<b>No Longer</b>		<b>Contested</b>		
Mile	40	S. Murrin	S.S.H.	4.42.8	Warley	1988
5000m	40	J. Potts	Birchfield	15.38.5	Warley	1987
3000s/c	40	J. Tingle	Worcester	10.26.4	Worcester	1984
200m Hurdles10	40	D.Cowley	Rugby	27.0.	Warley	1989
1500Walk	40	R.Care	Sandwell	6.05.6	Warley	1988
Javelin 800g	50	K. Murch	R&N Lions	51.97	Leamington	2009
Javelin 700g	70	P.Owen	MM	26.90m	Nuneaton	1/9/2013

# MVTFL RECORDS 1 April 2018

OVERALL RECORDS....WOMEN [Throws with heaviest implement only, older age groups later]

Event	Age	Name	Club	Perf.	Venue	Date
100m	35	J. Frost	B&R	12.19	Worcester CF	30/08/2015
200m	35	E.Ruddock	R&N Lions	25.2s	B'Ham Alex.	15/09/2012
400m	35	E.Ruddock	R&N Lions	58.3s	B'Ham Alex.	15/09/2012
800m	35	K.Ramsey	Chamwood	2.18.2	Leamington	2006
1500m	35	D.Walters	Birchfield	4.32.2	Solihull	2006
3000m	35	K.Ramsey	Chamwood	9.39.7	Leamington	2005
2k Walk	35	S.Black	Birchfield	9.01.5	Telford	1993
200mH[5]	55	Sue Frisby	Leicester C.	30.84s.	Worcester CF	30/08/2015
4x100m	W35	J.Tompkins J.Hall,S.McDonald M.Lewington	RSC	55.2	Tamworth	1997
4x200m	W35	J Tompkins O Codrington S McDonald M Lewington	RSC	1.54.6	Birmingham	1996
4x400m			Birchfield	4.30.6	Tamworth	1997
1600m Medley			Notts	4.32.4	Nottingham	1993
Discus 1kg	35	R.Chrimes	Halesowen	38.54m	Redditch	1989
Hammer 4kg	35	J.Corlett	Leamington	39.39m	Coventry	1999
Javelin 600g	35	S.Gibson	Notts	47.45m	Tamworth	1999
Shot 4kg	35	S.Gibson	Notts	11.64m	Tamworth	1999
High Jump	35	D Davies	Chamwood	1.60m	Mansfield	2002
Long Jump	35	J. Frost	B&R	5.64m	Worcester CF	30/08/2015
Triple Jump	40	J.Pryce	RSC	10.44m	Mansfield	2002

Event Records		<i>Italics indicate</i>	<i>overall</i>	<i>record</i>		
Event	Age	Name	Club	Perf.	Venue	Date
<b>100m</b>	35	<i>J. Frost</i>	<i>B&amp;R</i>	<i>12.19</i>	<i>Worcester CF</i>	<i>30/08/2015</i>
	40	E.Ruddock	R&N Lions	12.5	Nuneaton CF	4/9/2016
	45	S. McDonald	RSC	13.5	Worcester	2005
	45	M. Lewington	RSC	13.5	Birmingham	1998
	50	M. Lewington	RSC	13.7	Birmingham	1999
	50	V.Bonner	RSC	13.7	Nuneaton	2007
	60	V.Bonner	Birchfield	14.5	Leicester	5/09/2010
	70	I. Holder	Worcester	17.1	Stourport	1/5/2014
	75	I. Holder	Worcester	18.0	NuneatonCF	4/9/2016
<b>200m</b>	35	<i>E.Ruddock</i>	<i>R&amp;N Lions</i>	<i>25.2s</i>	<i>B'Ham Alex.</i>	<i>15/09/2012</i>
	40	E.Ruddock	R&N Lions	25.4	Nuneaton CF	4/9/2016
	45	Y. Priestman	B&R	27.3	Droitwich	1991
	50	M. Lewington	RSC	27.3	Sutton	1999
	60	V.Bonner	Birchfield	29.8	Redditch	3/06/2010
	70=	I. Holder	Worcester	38.3 twice	Stourport/TheDell	29/5/14 & 27/5/15
	<b>70=</b>	<b>A. Copson</b>	<b>R&amp;N</b>	<b>38,3</b>	<b>Rugby</b>	<b>7.6.2017</b>
	75	I. Holder	Worcester	39.2	Solihull	25/5/16

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Event	Age	Name	Club	Perf.	Venue	Date
<b>400m</b>	35	<i>E.Ruddock</i>	<i>R&amp;N Lions</i>	<i>58.3s</i>	<i>B'Ham Alex.</i>	<i>15/09/2012</i>
	40	D. Walters	Birchfield	61.0	Birmingham Alex	13/05/09
	45	Y. Priestman	B&R	64.9	The Dell	1996
	50	Y. Priestman	B&R	65.2	Worcester	1999
	60	N. Hitchmough	DASH	74.9	Birmingham	15/09/2012
	65	A.Copson	R&N Lions	78.6	Rugby	9.5.2012
	<b>70</b>	<b>A. Copson</b>	<b>R&amp;N Lions</b>	<b>81.5</b>	<b>Nuneaton</b>	<b>10.5.2017</b>
<b>800m</b>	35	<i>K Ramsey</i>	<i>Chamwood</i>	<i>2.18.2</i>	<i>Leamington</i>	<i>2006</i>
	40	D. Walters	Birchfield	2:21.3	Worcester	12/08/09
	45	N Hitchmough	DASH	2.24.6	Worcester	1998
	50	K. Brookes	Harborough	2:33.7	Nuneaton CF	1.9.13
	60	N Hitchmough	DASH	2:38.4	Birmingham	15/09/2012
W65 British R	65	A. Copson	R&N Lions	2:48.1	Leicester	25.7.2012
	<b>70</b>	<b>A. Copson</b>	<b>R&amp;N Lions</b>	<b>2:59.5</b>	<b>Kettering</b>	<b>19.7.2017</b>
<b>1500m</b>	35	<i>D Walters</i>	<i>Birchfield</i>	<i>4.32.2</i>	<i>Solihull</i>	<i>2006</i>
	40	D. Walters	Birchfield	4:42.5	Stafford CFinal	05/09/09
	45	N Hitchmough	DASH	4.48.0.	Birmingham	1997
	50	K. Brookes	Harborough	5:13.9	Rugby	26 6 13
	60	A.Copson	R&N Lions	5.23.7	Rugby	8.7.2009
W65 British R	65	A.Copson	R&N Lions	5:30.7	Nuneaton	27.6.2012
	<b>70</b>	<b>A.Copson</b>	<b>R&amp;N Lions</b>	<b>5:53.9</b>	<b>Leamington</b>	<b>28.6.2017</b>
<b>3000m</b>	35	<i>K Ramsey</i>	<i>Chamwood</i>	<i>9.39.7</i>	<i>Leamington</i>	<i>2005</i>
	40	D. Walters	Birchfield	9:56.1	Stafford	5/09/09
	45	B Cardy-Wise	B&R	10.24.1	B'ham Univ	1998
	50	N Hitchmough	DASH	10.53.4	Birmingham	2005
	60	A.Copson	R&N Lions	11:21.1	Nuneaton	12.8.2009
W65 British R	65	A. Copson	R&N Lions	11:48.2	Leicester	25.7.2012
	<b>70</b>	<b>A. Copson</b>	<b>R&amp;N Lions</b>	<b>12:55.3</b>	<b>Rugby</b>	<b>7.6.2017</b>
<b>2k Walk</b>	35	<i>S Black</i>	<i>Birchfield</i>	<i>9.01.5</i>	<i>Telford</i>	<i>1993</i>
	40	S. Tonks	B&R	10:09.0	Stourport	5/05/2010
	45	K Braznell	DASH	10.00.1	Birmingham	2004
	50	A Wheeler	Nuneaton	10.31.4	Mansfield	2006
	60	C Birch	R&N Lions	12.26.4	Nuneaton	2006
	70	B Randle	Birchfield	12.11.54	Sutton	1999
	80	B. Chapman	RSC	18:06.7	Burton	31 7 13
<b>200mH[5]</b>	35	Carolyn Dyall	Nuneaton	40.43s.	Worcester CF	30/08/2015
	40	Sharon Ralph	RSC	33.20s.	Worcester CF	30/08/2015
	45	Pam Murray	Worcester	35.56s.	Worcester CF	30/08/2015
	50	Julie Rogers	Birchfield	32.68s	Worcester CF	30/08/2015
<b>200mH[5]</b>	55	<i>Sue Frisby</i>	<i>Leicester C.</i>	<i>30.84s.</i>	<i>Worcester CF</i>	<i>30/08/2015</i>
<b>Discus 1kg</b>	35	<i>R Chrimes</i>	<i>Halesowen</i>	<i>38.54m</i>	<i>Redditch</i>	<i>1989</i>
1kg..	40	C.Parker	R&N Lions	36.77m	Rugby	25/6/2014
1kg	45	R Chrimes	Halesowen	33.46m	The Dell	1997
1kg	50	R Chrimes	Halesowen	32.84m	Redditch	2000
1kg	60	R Chrimes	Halesowen	32.90m	The Dell	2002
1kg	70	R Chrimes	Halesowen	31.73m	Birmingham	2003
1kg	75	R.Chrimes	Halesowen	29.92m	The Dell	7/06/2011
1kg	80	R.Chrimes	Halesowen	20.52m	Worcester	1 8 13

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Event	Age	Name	Club	Perf.	Venue	Date
<b>Hammer 4kg</b>	35	<i>J. Corlett</i>	<i>Leamington</i>	39.39m	<i>Coventry</i>	1999
4kg	40	C. Parker	R&N Lions	33.72	Rugby	25/6/2014
4kg	45	R. Bird	Worcester	33.39	Worcester	1/06/2011
3kg	50	M. Loveridge	Worcester	41.01	Worcester CF	30/08/15
3kg	50	D. Murch	R&N Lions	38.00	Rugby	25/6/2014
3kg	60	P. Higgins	Telford	28.35	Nuneaton CF	4/9/16
3kg	70	J. Smallwood	Halesowen	17.19m	Leamington	26/6/2014
3kg	75	R. Chrimes	Halesowen	21.64m	The Dell	7/07/2010
<b>Javelin 600g</b>	35	<i>S Gibson</i>	<i>Notts</i>	47.45m	<i>Tamworth</i>	1999
600g	40	L. Oliver	Charnwood	28.70m	Nuneaton CF	1.9.13
600g	45	R. Berney	Leamington	27.16m	Leicester	25/07/2012
500g	50	D. Murch	R&N	24.34m	Stoke CF	31.8.2014
400g	60	J. Fail	R&N Lions	21.37	Nuneaton	1/06/2011
400g	70	J. Smallwood	Halesowen	14.53m	Stourport	28/5/2014
<b>Shot 4kg</b>	35	S Gibson	Notts	11.64m	Tamworth	1999
4kg	40	L. Oliver	Charnwood	11.02m	Rugby	9/05/2012
<b>4kg</b>	<b>45</b>	<b>C. Parker</b>	<b>Coventry G.</b>	<b>10.72</b>	<b>Rugby</b>	<b>7.6.2017</b>
3kg.	50	D. Murch	R&N Lions	10.10m	Leamington	6/5/2009
3kg	60	R Chrimes	Halesowen	10.02m	Redditch	2002
3kg	70	R Chrimes	Halesowen	10.21m	The Dell	2003
3kg.	75	R. Chrimes	Halesowen	8.60	B'ham Alex	13/05/2011
3kg	80	R. Chrimes	Halesowen	7.12m	Stourpourt	1/5/2014
<b>High Jump</b>	35	D. Davies	Chamwood	1.60m	Mansfield	2002
	<b>40</b>	<b>R. Shuttleworth</b>	<b>Notts AC</b>	<b>1.42</b>	<b>B.ham Alex.</b>	<b>7.6.2017</b>
	45	M. Garland	Worcester	1.35m	B'Ham Alex.	15/09/2012
	50	S. Frisby	Leicester	1.43m	Nuneaton CF	1.9.13
	60	J. Fail	R&N Lions	1.25m	Worcester	4/09/2011
	70	R Chrimes	Halesowen	1.10m	Birchfield	2008
	75	R. Chrimes	Halesowen	1.15m	Stourport	13/05/2010
<b>Long Jump</b>	35	<i>J. Frost</i>	<i>B&amp;R</i>	5.64m	<i>Worcester CF</i>	30/08/2015
	40	L. Oliver	Charnwood	4.94m	Loughboro'	3/08/2011
	45	E. McMahon	Tamworth	4.63m	Birmingham	1997
	50	J. Timberlake	Worcester	4.48m	Worcester	27/7/16
	60	C. Cox	R&N Lions	3.37m	Stafford CFinal	05/09/09
	70	I. Holder	Worcester	3.07m	Stourpourt	1/5/2014
	<b>75</b>	<b>I. Holder</b>	<b>Worcester</b>	<b>2.33m</b>	<b>Stourport</b>	<b>11.5.2017</b>
	80	R. Chrimes	Halesowen	2.13	Worcester	30/7/2014
<b>Triple Jump</b>	40	<i>J. Pryce</i>	<i>RSC</i>	10.44m	<i>Mansfield</i>	2002
	45	J. Pryce	RSC	9.96m	Mansfield	2004
	50	J. Pryce	RSC	10.00m	Burton	27/06/2012
	55	J. Pryce	RSC	9.31	Nuneaton CF	4/9/16
	60	J. Fail	R&N	8.38	Nuneaton	1/06/2011
	70	I. Holder	Worcester	6.33m	Worcester CF	30/08/2015
	75	I. Holder	Worcester	6.08m	Worcester	27/7/16

MVTFL RECORDS 1 April 2018

<b>Performances</b>		<b>not ratified,</b>	<b>started on</b>	<b>whistle</b>		
800m	W35	T. Krzywicki	Charnwood	2:16.6	Tamworth	1/06/09
3000m	W35	T. Krzywicki	Charnwood	9:35.8	Tamworth	1/06/09
<b>Events</b>		<b>No Longer</b>	<b>Contested</b>			
Event	Age	Name	Club	Perf.	Venue	Date
Mile	35	S Carey	Nuneaton	5.10.0	Tamworth	1986
5000m	35	C Rollason	R.S.C.	18.45.5	Warley	1989
1500walk	35	P Horwill	D.A.S.H	8.17.9	Sutton	1985
3000m Walk	35	S Haynes	B&R	17.42.0	Tamworth	1986
200m Hurdles10	35	S McDonald	R.S.C.	33.4	Birmingham	1996
Pole Vault	45	A Wainwright	C&S	2.50m	Burton	2001
Pole Vault	50	A Wainwright	C&S	2.10m	Worcester	2005

## MVTFL RECORDS 1 April 2018

### To All MVTFM Managers and Officers.

I have looked at the profiles of some MVTFM and found some new records. However there may be some less well known athletes who have broken records, especially in the older age groups when competing in an event for younger athletes. Please forward the attached records to your athletes.

Contact me with details if you think a new record has been set. There is no time limit for claiming records set in the past but the results must be available. We have some [but not all] paper records going back to 2000

### Performances notified in 2017

#### Performances improving or equalling previous MVTFM records

High Jump	M50	D.Hanson	Sparkhill	1.65m	Stourport & Tamworth CF	11.5.2017 10.9.2017
High Jump	M80	T.Crocker	Droitwich	1.20m	Stourport	11.5.2017
Triple Jump	M70	D.Cowley	R&N Lions	8.58m	Tamworth CF	10.9.2017
100m	M60	P.Mould	B&R	13.0s	Stourport	1.5.2014
100m	M65	C.Monk	Harborough	13.4s	Nuneaton	10.5.2017
200m	M65	C.Monk	Harborough	27.7s	Rugby	7.6.2017
200mH [5]	M70	D.Cowley	R & N. Lions	35.2s	Tamworth CF	10.9.2017
4x100m	M60	C.Houghton, F.Blackwell,R.Franklin D.Cowley	R & N. Lions	61.0s	Kettering	19.7.2017
200m	W70=	A. Copson	R&N Lions	38.3s	Rugby	7.6.2017
400m	W70	A. Copson	R&N Lions	81.5s	Nuneaton	10.5.2017
800m	W70	A. Copson	R&N Lions	2:59.5	Kettering	19.7.2017
1500m	W70	A. Copson	R&N Lions	5:53.9	Leamington	28.6.2017
3000m	W70	A. Copson	R&N Lions	12:55.3	Rugby	7.6.2017
High Jump	W40	R. Shuttleworth	Notts AC	1.42m	B.ham Alex.	7.6.2017
Long Jump	W75	I.Holder	Worcester	2.33m	Stourport	11.5.2017
Shot 4kg	W45	C. Parker	Coventry G.	10.72m	Rugby	7.6.2017

## MVTFL RECORDS 2017

- 1 League records can be ratified if the results are measured by a qualified official and checked by a referee. Older athletes competing in a younger age group and hoping to set a record should advise the referee and chief timekeeper before the event. Otherwise if you finish about 6<sup>th</sup>. the timekeeper might not be qualified.  
League records can be set even when wind assisted. Most fixtures do not have a wind gauge and it would be unfair not to accept a record set in a Cup Final due to wind assistance.

HOWEVER If you hope to set a British record or higher you must advise the referee and chief timekeeper before the fixture to ensure that you have the correct number of high grade judges/timekeepers measuring your performance and for 100m. 200m Long Jump and Triple Jump a wind gauge must be used. The correct BMAF paperwork must also be used.

Our M80 200m record would have been a UK record if a wind gauge had been available.

- 2 Records in **some** events can be set by guests [see 2b].
  - a Guests must be a member of a league club. Referees may not accept guests if an event is running late or is overcrowded.
  - b Guests can **only** set a record if no competition in a particular event is provided for their age group. e.g. An M80 or W80 100m runner can set a record as a guest but an M/W70 100m guest runner cannot because M/W70 100m events are timetabled.
  - c Guests [as in b] can set a record while competing in any age / gender group
  - d Guests must use the correct implement for their own event and age group
  - e If using their own implement it must weighed and certified before the event.
- 3 Records can be added retrospectively provided we can check the data.  
The M35/overall 200m record set in 2010 was only added last year.  
Let your athletes see the records, forward this email attachment  
We have complete computerised league results from the Sept 2008 Cup Final onwards.  
We have most league results on paper from 2000-2008 and a few earlier results.  
Other data eg. Power of 10 would be accepted in lieu of MVTFM results



## MVTFL RECORDS 1 April 2018

### WOMEN

4x200m 1.54.6 Jenny Tompkins/Olga Codrington/Sandra McDonald/Maureen Lewington 1996

### MEN ( All M40)

4x100m 46.6 Barry Moulton/Arthur Orr/John Topliss/Trevor Brown 1990

4x200m 1.37.1 Barry Moulton/Arthur Orr/John Topliss/Ron Taylor 1989

4x400m 3.36.6 Peter Goulding/John Topliss/Les Duffy/Joe Caines 1992

Medley Relay 3.49.0 Les Duffy/Joe Caines/Peter Goulding / Graham Felton 1993

The Womens 4x200m record and the Mens Medley record still stand as our club records whereas the 4x100m/4x200m and 4x400m records were superseded a little later (but not in a League meeting).with the same teams.

